

WAIVER:

I understand that running races are potentially hazardous activities. I agree to abide by any decision of race officials about my ability to safely complete the run. I assume all risks with running this race, including, but not limited to, falls, contact with other participants, weather, trail conditions and/or traffic. Having read this consideration of accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrator waive and release any and all rights and claims for losses and damages I may have against the sponsors and participating organizations and their agents, Community YMCA of Eastern Delaware County, the Township of Ridley, the Ridley School District, the Ridley Educational Foundation, and Run the Day. Furthermore, I am medically able and properly trained.

THIS WAIVER MUST BE SIGNED.

Signature: _____

Parent/Guardian Signature (if under 18): _____

Program Code: 12ES-2AFRIDRUN01 Date: _____

UNABLE TO RACE, BUT STILL WANT TO HELP?

If you are unable to race in the 2012 Ridley Run, you can still support these two wonderful non-profits in the community. Send your donation to:

Ridley Area YMCA

c/o Ridley Run
900 South Avenue, Secane, PA 19018

Ridley Educational Foundation

c/o Maryann Salerno
Ridley School District
901 Morton Avenue, Folsom, PA 19033

SPONSOR/DONATE/VOLUNTEER:

Would your company like to be involved? Sponsor this run, make a donation of food or beverage or volunteer to help on the course the day of the event! Contact M.J. Gilbert at mjgilbert@cyedc.org or 610.638.1270 ext. 3032.

For more information, contact M.J. Gilbert, YMCA Program Specialist at mjgilbert@cyedc.org or Maryann Salerno at the Ridley Educational Foundation at msalerno@ridleysd.org.

2012 RIDLEY RUN



**Saturday, April 14, 2012
8am Race Start**

**Course begins at the
Ridley Area YMCA
900 South Ave., Secane, PA
and ends at the
Ridley High School
901 Morton Ave., Folsom, PA**

**Proceeds benefit the
YMCA Annual Support Campaign
and the Ridley Educational Foundation**

2012 RIDLEY RUN

This event benefits the Community YMCA's (CYEDC) Annual Support Campaign and the Ridley Educational Foundation (REF).

CYEDC - Contributions to the Y's campaign are used to provide Financial Assistance to individuals and families who cannot afford Y programs and services. We believe no person should be turned away for inability to pay and to honor this commitment, we annually raise funds to support this program.

REF - Is a non-profit organization that raises private dollars through tax-deductible contributions to enrich educational opportunities in schools. The funds will be used to award grants to members of the Ridley School District professional staff. The primary beneficiaries of the funds raised by the foundation are the Ridley students who are afforded opportunities to experience these programs and activities.

EVENT INFORMATION

USATF/RRTB Certification Code PA10002WB

DATE: Saturday, April 14

LOCATION:

Start: Ridley Area YMCA, 900 South Avenue, Secane, PA
Finish: Ridley High School, 901 Morton Avenue, Folsom, PA

CHECK-IN & ON-SITE REGISTRATION:

- ♦ Runners can check in on April 12 & 13 til 5pm at the Ridley Area YMCA to receive bib & goodie bag.
- ♦ Day of registration & check-in at the Ridley High School (6:15-7:15am)
- ♦ Day of registration CLOSES at 7:15am.
- ♦ Bus transportation provided to the race start point, last bus leaves for the Y at 7:30am. (If you check in on Friday you may park at the Y and don't need to come to the high school for busing).

RACE START: 8am SHARP!

COST:

- \$15 (12/11- 1/31 includes t-shirt)
- \$20 (2/1- 3/30 includes t-shirt)
- \$20 (3/31-Race Day, cash/check only - no t-shirt)

**REGISTER BY MARCH 30 TO RECEIVE
YOUR FREE EVENT T-SHIRT!**

(t-shirts ONLY for those who register by 3/30)

REGISTRATION OPTIONS:

- Register online at www.cyedc.org, www.runtheday.com, in person at the Ridley High School (see Maryann Salerno), or at the Ridley Area YMCA Front Desk.

AGE CATEGORIES:

- 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

AWARDS (presented at the track):

- ♦ Top three Male and Female Overall
- ♦ Top three Male and Female (in all age categories)
- ♦ All students receive a finishers medal

PARKING:

- This is a point to point race. Runners should park vehicles at the Ridley High School, After day of check in, runners will be transported, by bus, to the starting location at the Ridley Area YMCA.

IF YOU PICK UP YOUR BIB AT THE Y 4/12 OR 4/13, YOU MAY PARK AT THE Y SATURDAY AND DON'T NEED TO COME TO RHS FOR BUSING ON RACE DAY. BE AWARE THAT THERE WILL BE NO TRANSPORTATION BACK TO THE Y AFTER THE RACE.



**Following the race, families can
enjoy YMCA Healthy Kids Day and
Ridley Health Awareness Day.**

This free event at RHS features:

- ♦ Fitness Challenge
- ♦ Interactive Health Exhibits
- ♦ Free Health Screenings
- ♦ Face Painting
- ♦ Social Service Support
- ♦ Moon Bounce
- ♦ Safety Stations
- ♦ Healthy Snacks
- ♦ Swim Sessions
- ♦ Arts & Crafts

2012 RIDLEY RUN

REGISTRATION

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Phone: _____

Affiliation (check one): Y RHS RMS

RSD Elementary School: _____

T-Shirt Size (circle one):

Youth: M L Adult: S M L XL XXL

Gender (circle): Male Female DOB: _____

Emergency Contact Information:

Name: _____

Phone: _____

Method of payment (check one):

- Cash Check (payable to Ridley Area YMCA)
- Visa MasterCard
- Discover American Express

Card Number: _____

Exp. Date: _____ Total Due: \$_____

There are no refunds after registration is completed.

**** Please complete waiver on reverse side of this panel.
We are seeking Adult Volunteers to help on race day. Please
consider helping to make this event a success.**